



## Meet Program

### Women's 4x100 Relay Collegiate Finals

🕒 Sat, May 9, 1:30 PM

🕒 MIAC	47.05	ST. THOMAS (M. Burnham, E. Heel, C. Rozeske, A. Tipp)	2012
🕒 Venue	47.48	MINNESOTA STATE (R. Team)	2006

#### Section 1

4	ST. SCHOLASTICA	'A'	51.42
5	SAINT BENEDICT	'A'	49.52
6	ST. OLAF	'A'	49.58
7	CARLETON	'A'	50.47

#### Section 2

3	MACALESTER	'A'	49.23
4	HAMLIN	'A'	49.22
5	SAINT MARY'S (MINN.)	'A'	47.75
6	BETHEL (MINN.)	'A'	47.97
7	CONCORDIA MOORHEAD	'A'	48.49
8	GUSTAVUS ADOLPHUS	'A'	49.23

### Men's 4x100 Relay Collegiate Finals

🕒 Sat, May 9, 1:40 PM

🕒 MIAC	40.29	SAINT JOHN'S (MINN.) (M. Hansen, K. Arthur, A. Morey, M. Reis)	2025
🕒 Venue	41.10	NDSU (M. Johnson, A. Burrell, J. Essler, R. Vega)	2004

#### Section 1

4	CARLETON	'A'	44.08
5	ST. OLAF	'A'	43.21
6	AUGSBURG	'A'	43.88
7	MACALESTER	'A'	44.03

#### Section 2

3	SAINT MARY'S (MINN.)	'A'	42.77
4	CONCORDIA MOORHEAD	'A'	42.43
5	BETHEL (MINN.)	'A'	40.75
6	SAINT JOHN'S (MINN.)	'A'	41.21
7	GUSTAVUS ADOLPHUS	'A'	41.81
8	HAMLIN	'A'	42.74

### Women's 3000m Steeplechase Collegiate Finals

🕒 Sat, May 9, 1:55 PM

🕒 MIAC	10:37.35	Christine Albrecht, ST. OLAF	2023
🕒 Venue	10:58.87	Ruth Steinke, CARLETON	2014

#### Section 1

1	Mary Kenney	SR	SAINT BENEDICT	11:20.41
2	Katherine Goergen	SO	SAINT MARY'S ...	12:31.87
3	Abigale Lindquist	SO	ST. OLAF	11:44.96
4	Nina Peterson	FR	CARLETON	11:38.90
5	Kelyn Henry-Perlich	SO	CONCORDIA M...	11:37.28
6	Piper Gushwa	FR	GUSTAVUS AD...	12:46.91
7	Lauren Masica	FR	SAINT BENEDICT	12:41.74
8	Daphne Grobstein	FR	SAINT BENEDICT	11:37.88
9	Julia Babineau	JR	SAINT BENEDICT	11:52.58
10	Willemijn Leiner	SO	ST. OLAF	12:17.22
11	Grace Moeller	SR	ST. OLAF	12:00.58
12	Anabella Witschen	JR	SAINT BENEDICT	11:44.51
13	Amelia Campbell	FR	CARLETON	11:13.21
14	Siiri Anderson	FR	GUSTAVUS AD...	12:28.69
15	Anna Hay	SR	BETHEL (MINN.)	11:30.03
16	Eleanor Lindeman	FR	ST. CATHERINE ...	12:00.82
17	Mallory DeVries	FR	CONCORDIA M...	12:25.71
18	Alayna Neu	FR	CONCORDIA M...	13:05.82



## Meet Program

### Men's 3000m Steeplechase Collegiate Finals

🕒 Sat, May 9, 2:20 PM

🕒 MIAC 8:44.01 Matthew Wilkinson, CARLETON 2021  
 🕒 Venue 9:05.49 Rob Winterfield, MINNESOTA 2004  
 DULUTH

#### Section 1

1	Matthew Berge	SO	GUSTAVUS AD...	10:14.97
2	Will Janzen	SR	GUSTAVUS AD...	9:52.80
3	Caden Riga	FR	GUSTAVUS AD...	10:17.74
4	Jack Montgomery	SO	SAINT JOHN'S (...)	10:34.73
5	Jack Deaver	SR	ST. OLAF	9:29.16
6	Torte Torstenson	JR	CARLETON	9:37.39
7	Ethan Martel	JR	ST. OLAF	9:42.36
8	Ian Guasco	FR	ST. OLAF	9:59.88
9	Jacob Malecha	JR	SAINT JOHN'S (...)	9:38.88
10	Caleb Hatlevig	SO	MACALESTER	10:03.83
11	Lex Kaye	JR	ST. OLAF	9:43.12
12	Connor Dow	SO	SAINT JOHN'S (...)	10:44.86
13	Ignatius Fitzgerald	SR	ST. OLAF	9:43.10
14	Gus Schafer	FR	CARLETON	9:53.30
15	Camden Cilek	JR	GUSTAVUS AD...	10:04.08
16	Micah Larsen-Schmidt	SO	ST. OLAF	10:02.75
17	Tyler Goss	JR	CONCORDIA M...	9:25.49
18	Jameson Drieslein	SO	ST. OLAF	10:13.78

### Women's 100m Hurdles Collegiate Finals

🕒 Sat, May 9, 2:45 PM

🕒 MIAC 13.80 Birgen Nelson, GUSTAVUS 2022  
 ADOLPHUS  
 🕒 Venue 14.13 Mallory Burnham, ST. THOMAS 2014

#### Section 1

1	Sophia Vogel	FR	GUSTAVUS AD...	15.30
2	Hannah Bingham	SO	BETHEL (MINN.)	14.99
3	Claire Stein	FR	ST. OLAF	14.97
4	Ellie Hernes	SR	BETHEL (MINN.)	14.97
5	Michaela Zenz	FR	BETHEL (MINN.)	14.55
6	Lauren Pearson	FR	CONCORDIA M...	14.87
7	Juslene Chea	FR	SAINT BENEDICT	14.80
8	Emily Podulke	SO	GUSTAVUS AD...	14.99
9	Kaili Malvey	FR	CONCORDIA M...	15.06

### Men's 110m Hurdles Collegiate Finals

🕒 Sat, May 9, 2:55 PM

🕒 MIAC 13.83 Taylor Rooney, GUSTAVUS 2021  
 ADOLPHUS  
 🕒 Venue 14.47 Rami Gharsali, LAKEHEAD 2024  
 (ONT.)

#### Section 1

1	Michael Crowder	FR	CONCORDIA M...	15.72
2	Hayden Hauf	FR	CONCORDIA M...	15.41
3	Bashir Amoud	JR	SAINT JOHN'S (...)	15.02
4	Blake Viesselman	JR	BETHEL (MINN.)	15.22
5	Logan Swanson	FR	BETHEL (MINN.)	14.61
6	Pryce Ferrin	SO	BETHEL (MINN.)	14.89
7	Connor McCormick	SR	GUSTAVUS AD...	15.01
8	Trae Headlee	FR	SAINT JOHN'S (...)	15.31
9	Morris Suah	JR	HAMLIN	15.65

### Women's 400 Meters Collegiate Finals

🕒 Sat, May 9, 3:05 PM

🕒 MIAC 53.87 Megan Geraets, GUSTAVUS 2025  
 ADOLPHUS  
 🕒 Venue 55.56 Jennifer Higgins, ST. CLOUD 1999  
 STATE

#### Section 1

1	Deni Zaharieva	FR	SAINT MARY'S ...	58.67
2	Emma Norton	FR	CONCORDIA M...	58.62
3	Emma Warner	SO	CONCORDIA M...	58.18
4	Ellie Semple	FR	ST. OLAF	57.60
5	Madi Pelowski	SR	BETHEL (MINN.)	55.99
6	Shalom Sulungaine	JR	BETHEL (MINN.)	56.80
7	Izzi Jaeckle	SO	ST. OLAF	57.79
8	Allison Hookom	SR	AUGSBURG	58.01
9	Ashley Slaybaugh	FR	BETHEL (MINN.)	58.47



## Meet Program

### Men's 400 Meters Collegiate Finals

🕒 Sat, May 9, 3:10 PM

🕒 MIAC	46.20	Grant Nelson, BETHEL (MINN.)	2025
🕒 Venue	47.15	Carson Glad, ST. THOMAS (MINN.)	2004

#### Section 1

1	Will Sportel	SO	BETHEL (MINN.)	50.01
2	Tony Haack	SR	BETHEL (MINN.)	49.95
3	Henry Schonebaum	SR	MACALESTER	49.82
4	Caleb Ketterling	JR	BETHEL (MINN.)	48.98
5	Noah Kubicek	SR	ST. SCHOLASTI...	48.53
6	Elliott Kent	FR	BETHEL (MINN.)	48.56
7	Grant Nelson	SR	BETHEL (MINN.)	48.63
8	Brody Schelhaas	FR	BETHEL (MINN.)	49.82
9	Manny Poscher	SO	HAMLIN	49.86

### Men's 100 Meters Collegiate Finals

🕒 Sat, May 9, 3:25 PM

🕒 MIAC	10.31	Kevin Arthur, SAINT JOHN'S (MINN.)	2024
🕒 Venue	10.41	Renward Wells, HEARTLAND SELECT	2002

#### Section 1

1	Gage Hatch	FR	SAINT MARY'S ...	10.96
2	Ryan Cramer	SO	SAINT MARY'S ...	10.80
3	Andrei Pettis	SR	HAMLIN	10.72
4	Landen Liu	SR	BETHEL (MINN.)	10.90
5	Jade Anstine	JR	GUSTAVUS AD...	10.49
6	Cameron McConnell	SR	BETHEL (MINN.)	10.74
7	Aiden Jones	FR	SAINT JOHN'S (...)	10.60
8	Kieran Murnan	JR	SAINT JOHN'S (...)	10.77
9	Max Albertson	JR	ST. OLAF	10.95

### Women's 100 Meters Collegiate Finals

🕒 Sat, May 9, 3:20 PM

🕒 MIAC	11.80	Birgen Nelson, GUSTAVUS ADOLPHUS	2023
🕒 Venue	12.04	Brittany Henderson, MINNESOTA STATE	2007

#### Section 1

1	Evangeline Sappington	FR	ST. OLAF	12.49
2	Ella Paulson	SO	BETHEL (MINN.)	12.45
3	Samantha Munson	SR	SAINT MARY'S ...	12.41
4	Alethia Olson-Skog	FR	BETHEL (MINN.)	12.40
5	Zari Young	SO	SAINT MARY'S ...	12.15
6	Emily Rengo	SR	CONCORDIA M...	12.26
7	Gabriella Lund	JR	SAINT BENEDICT	12.38
8	Autumn Maki	SO	BETHEL (MINN.)	12.43
9	Jaz Turnbaugh	FR	HAMLIN	12.49

### Women's 800 Meters Collegiate Finals

🕒 Sat, May 9, 3:35 PM

🕒 MIAC	2:07.36	Phoebe Aguiar, MACALESTER	2019
🕒 Venue	2:09.51	Marie Borner, BETHEL (MINN.)	2009

#### Section 1

1	Abbie Manhard	SR	ST. OLAF	2:18.79
2	Molly DiNardo	JR	ST. OLAF	2:17.59
3	Charlotte Kusch	SO	CARLETON	2:16.58
4	Cora DenHartog	FR	ST. OLAF	2:14.84
5	Kyla Nygaard	SR	CONCORDIA M...	2:14.10
6	Isabel Wyatt	SR	ST. OLAF	2:14.20
7	Mya Slavin	SO	SAINT MARY'S ...	2:15.79
8	Lauren Tittel	FR	CARLETON	2:16.23
9	Taylor Radaich	JR	SAINT BENEDICT	2:17.22

### Men's 800 Meters Collegiate Finals

🕒 Sat, May 9, 3:40 PM

🕒 MIAC	1:49.88	Donson Cook-Gallardo, CARLETON	2017
🕒 Venue	1:51.59	Terrance Woldbaum, NDSU	2004

#### Section 1

1	Trigg Heimdal	FR	ST. OLAF	1:57.63
2	Goi Ruei	SO	SAINT MARY'S ...	1:56.90
3	Jameson Drieslein	SO	ST. OLAF	1:57.52
4	Paxon Myers	FR	ST. OLAF	1:53.83
5	Lance Nemecek	SR	ST. OLAF	1:53.18
6	Cullen Moore	SR	ST. OLAF	1:54.71
7	Christian Fells	JR	ST. OLAF	1:57.48
8	Owen Montreuil	SR	SAINT JOHN'S (...)	1:55.94
9	Max McCoy	JR	SAINT JOHN'S (...)	1:56.24



## Meet Program

### Women's 400m Hurdles Collegiate Finals

🕒 Sat, May 9, 3:50 PM

Ⓞ MIAC	59.87	Birgen Nelson, GUSTAVUS ADOLPHUS	2023
Ⓞ Venue	1:01.77	Kendra Mooberry, MSU MOORHEAD	2010

#### Section 1

1	Abby Lovelace	JR	CONCORDIA M...	1:05.80
2	Adyson Gerbig	FR	BETHEL (MINN.)	1:05.79
3	Brianna Hexum	FR	BETHEL (MINN.)	1:05.53
4	Claire Stein	FR	ST. OLAF	1:02.40
5	Lauren Berg	SR	SAINT BENEDICT	1:02.36
6	Hannah Bingham	SO	BETHEL (MINN.)	1:02.97
7	Josie Brown	FR	CONCORDIA M...	1:03.08
8	Sophia Vogel	FR	GUSTAVUS AD...	1:05.31
9	Ava Loftness	FR	GUSTAVUS AD...	1:05.59

### Men's 400m Hurdles Collegiate Finals

🕒 Sat, May 9, 4:00 PM

Ⓞ MIAC	51.38	Joel Smith, BETHEL (MINN.)	2024
Ⓞ Venue	52.81	P.J. Theisen, ST. THOMAS (MINN.)	2004

#### Section 1

1	Trevor Stundahl	FR	BETHEL (MINN.)	56.48
2	Eric Richards	SO	GUSTAVUS AD...	56.33
3	Ryan Richardson	SO	CONCORDIA M...	56.13
4	Aidan McKeever	FR	ST. OLAF	55.72
5	Cooper Smith	JR	SAINT JOHN'S (...)	54.18
6	Blake Viesselman	JR	BETHEL (MINN.)	55.16
7	Morris Suah	JR	HAMLIN	56.96
8	Connor McCormick	SR	GUSTAVUS AD...	55.92
9	Cristian Escobar Pearson	SO	ST. OLAF	56.19

### Women's 200 Meters Collegiate Finals

🕒 Sat, May 9, 4:10 PM

Ⓞ MIAC	23.97	Megan Geraets, GUSTAVUS ADOLPHUS	2024
Ⓞ Venue	23.96	Megan Geraets, GUSTAVUS ADOLPHUS	2025

#### Section 1

1	Allison Stacy	SO	GUSTAVUS AD...	25.80
2	Jaz Turnbaugh	FR	HAMLIN	25.72
3	Claire Siems	SO	HAMLIN	25.49
4	Zari Young	SO	SAINT MARY'S ...	25.24
5	Izzi Jaeckle	SO	ST. OLAF	25.06
6	Shalom Sulungaine	JR	BETHEL (MINN.)	25.21
7	Samantha Munson	SR	SAINT MARY'S ...	25.24
8	Emily Rengo	SR	CONCORDIA M...	25.29
9	Gabriella Lund	JR	SAINT BENEDICT	25.62

### Men's 200 Meters Collegiate Finals

🕒 Sat, May 9, 4:15 PM

Ⓞ MIAC	20.68	Kevin Arthur, SAINT JOHN'S (MINN.)	2024
Ⓞ Venue	21.06	Renward Wells, HEARTLAND SELECT	2002

#### Section 1

1	Derek Guth	FR	SAINT JOHN'S (...)	22.07
2	Stephen Feig	FR	BETHEL (MINN.)	21.97
3	Ethan Lebrija	SO	CONCORDIA M...	21.86
4	Kieran Murnan	JR	SAINT JOHN'S (...)	21.52
5	Grant Nelson	SR	BETHEL (MINN.)	21.16
6	Jade Anstine	JR	GUSTAVUS AD...	21.40
7	Cameron McConnell	SR	BETHEL (MINN.)	21.58
8	Gage Hatch	FR	SAINT MARY'S ...	21.85
9	Elliott Kent	FR	BETHEL (MINN.)	21.89

# MIAC Outdoor Championship

📍 Saint Olaf College 🏠 Thu, Apr 30 - Sat, May 9, 2026



## Meet Program

### Women's 5000 Meters Collegiate Finals

🕒 Sat, May 9, 4:20 PM

🕒 MIAC 16:19.98 Fiona Smith, SAINT BENEDICT 2023  
 🕒 Venue 16:59.19 Kimber Meyer, MACALESTER 2014

#### Section 1

----- staggered waterfall -----

1	Mollie Ping	SO	SAINT BENEDICT	19:16.54
2	Kyra Morris	SO	MACALESTER	19:24.42
3	Brooklyn Hart	SO	CONCORDIA M...	19:04.93
4	Lydia Feldhahn	FR	ST. CATHERINE ...	19:01.67
5	Elizabeth Weider	SO	ST. OLAF	19:11.81
6	Addy Giles	FR	SAINT BENEDICT	19:13.56
7	MollyKate Hagen	JR	ST. SCHOLASTI...	19:06.59
8	Cate Stacy	JR	MACALESTER	19:38.91
9	Natalie Zielsdorf	SR	SAINT BENEDICT	19:10.59
10	Anna Gould	FR	GUSTAVUS AD...	19:24.99

----- main waterfall -----

11	Nicole Peterson	FR	CARLETON	18:07.58
12	Eleanor Lindeman	FR	ST. CATHERINE ...	18:25.49
13	Anna Forbord	FR	GUSTAVUS AD...	18:39.94
14	Megan Timmerman	SR	ST. OLAF	18:21.38
15	Hannah Preisser	SR	CARLETON	16:58.61
16	Megan Wainwright	SR	ST. OLAF	18:56.85
17	Brylee Cavanaugh	FR	BETHEL (MINN.)	18:47.51
18	Arabella England	SO	ST. OLAF	18:12.38
19	Kathleen Madden	JR	ST. OLAF	18:28.15
20	Samantha Ellis	JR	MACALESTER	18:13.05
21	Anna Cargill	SR	BETHEL (MINN.)	18:32.28
22	Louise Ruzanic	FR	CARLETON	18:14.60
23	Lucy Upton	FR	BETHEL (MINN.)	18:13.71
24	Grace McCormick	JR	ST. SCHOLASTI...	18:56.63
25	Abby Wood	SO	ST. SCHOLASTI...	18:30.60
26	Ashley Nelson	SO	CONCORDIA M...	18:04.45
27	Mary Kenney	SR	SAINT BENEDICT	17:41.99
28	Abby Bufkin	JR	SAINT BENEDICT	18:41.23
29	Molly Kate McCloskey	SR	ST. OLAF	18:19.98
30	Aliya Larsen	SR	CARLETON	17:49.74
31	Molly Liston	SR	GUSTAVUS AD...	17:26.81
32	Kate Fox	SO	MACALESTER	17:20.56

### Men's 5000 Meters Collegiate Finals

🕒 Sat, May 9, 4:45 PM

🕒 MIAC 14:22.67 Lucas Mueller, CARLETON 2019  
 🕒 Venue 14:41.72 Darik Hoff, NDSU 2004

#### Section 1

----- staggered waterfall -----

1	Nikolas Stoufis	FR	ST. SCHOLASTI...	15:51.76
2	Soren Sackreiter	SR	GUSTAVUS AD...	15:44.98
3	TJ Strubbe	SO	BETHEL (MINN.)	15:52.10
4	Weston Catton	JR	BETHEL (MINN.)	15:40.24
5	Martin Moshfeghi	FR	CARLETON	15:32.66
6	Evan Bumgardner	FR	ST. SCHOLASTI...	15:53.43
7	Nick St. Peter	SR	SAINT JOHN'S (...)	15:43.22
8	Lucas LiaBraaten	SR	HAMLIN	15:41.27
9	Evan Pouliot	JR	GUSTAVUS AD...	15:30.65
10	Simon Chambers-Trubatch	JR	CARLETON	15:35.41

----- main waterfall -----

11	Roy Llewellyn	SR	CARLETON	15:13.50
12	Dashiell Coyier	FR	CARLETON	15:21.55
13	Will Janzen	SR	GUSTAVUS AD...	15:01.17
14	Gabe Nichols	SR	CARLETON	14:55.37
15	Cole Stencil	JR	SAINT JOHN'S (...)	14:26.74
16	Eli Doran	SR	ST. OLAF	14:58.40
17	Travis Brown	SO	CARLETON	15:21.27
18	Gael Manzur Strandlund	SR	ST. OLAF	14:42.76
19	Quinn Hoisington	JR	MACALESTER	14:59.80
20	Parker Max	SR	ST. OLAF	14:49.11
21	Alex Bjork	JR	ST. OLAF	15:08.96
22	Isaiah Fitzgerald	JR	SAINT MARY'S ...	15:30.39
23	Tyler Edwards	SR	MACALESTER	14:47.53
24	Jordan Galloway	SR	MACALESTER	15:22.69
25	Lars Molenkamp	JR	SAINT JOHN'S (...)	15:18.12
26	Vincent Kaluza	JR	SAINT JOHN'S (...)	15:16.88
27	Jack Deaver	SR	ST. OLAF	14:44.17
28	Hootie Hage	SO	BETHEL (MINN.)	15:02.65
29	Kevin Turlington	SR	ST. OLAF	14:01.93
30	Daniel Wiltse	JR	MACALESTER	15:22.64
31	Garrett Seppanen	SO	ST. OLAF	14:35.31
32	Noah DuVivier	FR	ST. OLAF	14:52.66



## Meet Program

### Women's 4x400 Relay Collegiate Finals

🕒 Sat, May 9, 5:10 PM

🕒 MIAC	3:49.64	BETHEL (MINN.) (M. Pelowski, A. Swenson, H. Gregg, S. Sulungaine)	2025
🕒 Venue	3:53.38	MSU MOORHEAD (R. Team)	2010

#### Section 1

5	AUGSBURG	'A'	
6	ST. SCHOLASTICA	'A'	

#### Section 2

1	MACALESTER	'A'	
2	CARLETON	'A'	4:13.88
3	HAMLIN	'A'	4:09.00
4	SAINT BENEDICT	'A'	3:59.62
5	BETHEL (MINN.)	'A'	3:44.97
6	CONCORDIA MOORHEAD	'A'	3:51.26
7	ST. OLAF	'A'	3:53.08
8	GUSTAVUS ADOLPHUS	'A'	4:04.72
9	SAINT MARY'S (MINN.)	'A'	4:13.07

### Men's 4x400 Relay Collegiate Finals

🕒 Sat, May 9, 5:25 PM

🕒 MIAC	3:13.02	ST. THOMAS (MINN.) (R. Team)	2009
🕒 Venue	3:14.75	ST. THOMAS (C. Glad, J. Hall, A. Hilliard, J. Schwietz)	2002

#### Section 1

5	AUGSBURG	'A'	3:35.78
6	SAINT MARY'S (MINN.)	'A'	3:45.45

#### Section 2

1	MACALESTER	'A'	3:32.31
2	HAMLIN	'A'	3:31.77
3	CARLETON	'A'	3:27.93
4	GUSTAVUS ADOLPHUS	'A'	3:23.01
5	BETHEL (MINN.)	'A'	3:11.42
6	SAINT JOHN'S (MINN.)	'A'	3:19.65
7	ST. OLAF	'A'	3:19.85
8	CONCORDIA MOORHEAD	'A'	3:23.67
9	ST. SCHOLASTICA	'A'	3:28.28

### Men's High Jump Collegiate Finals

🕒 Sat, May 9, 12:00 PM

#### Progressions:

🕒 MIAC	2.19m	Leonard Jones, ST. THOMAS	1993
🕒 Venue	2.12m	Travis Joseph, UNATTACHED	2025

#### Flight 1

1	Aaron Elseth	SR	BETHEL (MINN.)	1.68m
2	Logan Sandmeyer	SO	GUSTAVUS AD...	1.69m
3	Eli Leafblad	JR	BETHEL (MINN.)	1.71m
4	Jesse Olson	JR	ST. OLAF	1.74m
5	Matthew Erickson	JR	ST. SCHOLASTI...	1.75m
6	Colten Eggleston	SO	HAMLIN	1.76m
7	Ben LePard	JR	CONCORDIA M...	1.76m
8	Lucas Heldman	SO	CARLETON	1.80m
9	Luc Swanson	JR	BETHEL (MINN.)	1.81m
10	Cole Matetich	SR	GUSTAVUS AD...	1.81m
11	Jackson Reade	FR	CARLETON	1.83m
12	Eli Hegland	SO	CONCORDIA M...	1.85m
13	Landon Gilbertson	SO	GUSTAVUS AD...	1.85m
14	Bailey Evans	SO	SAINT JOHN'S (...)	1.86m
15	Connor O'Brien	JR	SAINT JOHN'S (...)	1.86m
16	Ataa Mensah	SO	MACALESTER	1.95m
17	Trevor Turner	FR	ST. SCHOLASTI...	2.00m
18	Kyler Flunker	SO	GUSTAVUS AD...	2.05m



## Meet Program

### Women's Hammer Collegiate Finals

🕒 Sat, May 9, 12:00 PM

📍 MIAC 56.90m Lily Beneke, ST. SCHOLASTICA 2024  
 📍 Venue 58.82m April Phillips, UNATTACHED 2007

#### Flight 1

1	McKinley Folland	FR	CONCORDIA M...	42.64m
2	Brooke Tracy	SR	HAMLIN	42.97m
3	Alaina Voss	JR	CONCORDIA M...	39.89m
4	Isabella Schei	JR	SAINT MARY'S ...	40.03m
5	Kaycee Endreson	FR	CONCORDIA M...	41.86m
6	Maggie Lewandowski	JR	ST. CATHERINE ...	40.58m
7	Ava Halvorson	FR	ST. SCHOLASTI...	41.26m
8	Ella Boelter	SR	BETHEL (MINN.)	42.44m
9	Genevieve Dabout	FR	CONCORDIA M...	41.16m
10	Jai Lara	FR	ST. OLAF	41.24m

#### Flight 2

1	Anna Speratos	SR	BETHEL (MINN.)	55.59m
2	Magenta Owens	SO	HAMLIN	44.13m
3	Ella Engen	SR	ST. SCHOLASTI...	49.79m
4	Ella Stritesky	SR	ST. SCHOLASTI...	51.74m
5	Jessica Lin	JR	MACALESTER	48.42m
6	Nora Larsen	SR	BETHEL (MINN.)	48.45m
7	Rachel Wehrman	SO	BETHEL (MINN.)	45.28m
8	Kyra Hovis	SO	ST. SCHOLASTI...	47.38m
9	Logan Paulsen	SO	ST. OLAF	44.65m
10	Rebecca Hoffman	JR	GUSTAVUS AD...	45.28m

### Men's Shot Put Collegiate Finals

🕒 Sat, May 9, 12:00 PM

📍 MIAC 17.13m John Schantzen, ST. OLAF 2010  
 📍 Venue 17.36m Darwin Dumonceaux, SAINT JOHN'S 1999

#### Flight 1

1	Erik Malmberg	FR	ST. SCHOLASTI...	12.53m
2	Davian Vu	FR	HAMLIN	13.80m
3	Eddie Herman	SO	HAMLIN	13.58m
4	Nick Norman	FR	AUGSBURG	12.77m
5	Jalen Graham	SO	SAINT JOHN'S (...)	13.65m
6	Dillon Thurston	FR	HAMLIN	12.53m
7	Jonathan Ritz	SO	BETHEL (MINN.)	13.91m
8	Dylan Hageman	FR	BETHEL (MINN.)	14.08m
9	Sam Ruprecht	FR	SAINT JOHN'S (...)	12.96m
10	Brayden Sjoblom	SO	CONCORDIA M...	13.12m
11	Mason Sundquist	SO	ST. SCHOLASTI...	13.96m

#### Flight 2

1	Timmy Ball	SO	BETHEL (MINN.)	15.85m
2	Adam Hokanson	SR	BETHEL (MINN.)	15.34m
3	Trent Beseth	SR	ST. SCHOLASTI...	18.14m
4	Sam Dioszeghy	JR	CONCORDIA M...	15.30m
5	Grady Minnerath	SO	SAINT JOHN'S (...)	16.09m
6	Joshua Monreal	JR	ST. SCHOLASTI...	14.10m
7	Rylan Turqueza	JR	SAINT JOHN'S (...)	14.50m
8	Artur Porto	SO	MACALESTER	14.52m
9	Blake Houska	JR	CONCORDIA M...	15.48m
10	Cooper Folkestad	SR	CONCORDIA M...	19.26m

### Women's Triple Jump Collegiate Finals

🕒 Sat, May 9, 12:00 PM

📍 MIAC 11.92m Journey Amundson, MACALESTER 2023  
 📍 Venue 11.81m Hilary Thompson, CONCORDIA-MOORHEAD 2014

#### Flight 1

1	Allison Fink	FR	ST. SCHOLASTI...	10.49m
2	AnnaGrace Nelson	SR	BETHEL (MINN.)	10.56m
3	Adi Bye	FR	GUSTAVUS AD...	10.30m
4	Peyton Swenson	FR	BETHEL (MINN.)	10.26m
5	Ameryn Dostal	SO	SAINT MARY'S ...	10.52m
6	Julia Pankratz	FR	BETHEL (MINN.)	10.35m
7	Sarra Lindner	SR	GUSTAVUS AD...	10.42m
8	Piper Osborne	JR	CONCORDIA M...	10.69m
9	Hannah Scharnberg	FR	SAINT BENEDICT	10.67m
10	Emma Norton	FR	CONCORDIA M...	10.29m

#### Flight 2

1	Ava Loftness	FR	GUSTAVUS AD...	11.87m
2	Ellie Hernes	SR	BETHEL (MINN.)	11.79m
3	Svea Frantzich	FR	ST. OLAF	11.04m
4	Juslene Chea	FR	SAINT BENEDICT	10.96m
5	Jordan Stanislawski	JR	BETHEL (MINN.)	10.73m
6	Anna Gries	SO	SAINT BENEDICT	10.70m
7	Kaili Malvey	FR	CONCORDIA M...	11.28m
8	Kaylee Hawks	FR	GUSTAVUS AD...	11.43m
9	Sabriya Farquharson	JR	SAINT BENEDICT	11.43m
10	Sophia Vogel	FR	GUSTAVUS AD...	10.70m



## Meet Program

### Women's Pole Vault Collegiate Finals

🕒 Sat, May 9, 1:00 PM

#### Progressions:

🕒 MIAC	3.82m	London Stelten, SAINT BENEDICT	2017
🕒 Venue	3.97m	Katelin Rains, MINNESOTA STATE	2008

#### Flight 1

1	Seneca Wilson	JR	MACALESTER	3.05m
2	Savannah Brown	JR	HAMLIN	3.10m
3	Erika Nesseth	SO	ST. OLAF	3.13m
4	Kate Clairmont	FR	GUSTAVUS AD...	3.19m
5	Autumn Schmidt	SO	GUSTAVUS AD...	3.19m
6	Brynley Coleman	SO	CONCORDIA M...	3.20m
7	Elly Stamp	FR	BETHEL (MINN.)	3.21m
8	Camille Finney	JR	GUSTAVUS AD...	3.25m
9	Raina Kaping	JR	BETHEL (MINN.)	3.25m
10	McKenna Flinn	SO	SAINT BENEDICT	3.32m
11	AnnaGrace Nelson	SR	BETHEL (MINN.)	3.36m
12	Emily Pearson	JR	BETHEL (MINN.)	3.36m
13	Ava Brosam	FR	CARLETON	3.36m
14	Maddox Lee	SR	GUSTAVUS AD...	3.36m
15	LiLi Raidt	JR	SAINT BENEDICT	3.47m
16	Xara Gin	SO	SAINT MARY'S ...	3.53m
17	Abigail Frei	FR	ST. OLAF	3.62m
18	Jaylyn Ahlberg	SR	SAINT BENEDICT	3.65m

### Men's Hammer Collegiate Finals

🕒 Sat, May 9, 3:00 PM

🕒 MIAC	61.13m	Michael Hensch, GUSTAVUS ADOLPHUS	2019
🕒 Venue	59.94m	Dan Baemmert, UW EAU CLAIRE	2004

#### Flight 1

1	Connor Brynteson	JR	SAINT JOHN'S (...)	44.14m
2	Doug Gill	JR	HAMLIN	48.09m
3	Eddie Herman	SO	HAMLIN	43.57m
4	Esosa Edo-Ohanba	JR	ST. OLAF	41.39m
5	Rylan Turqueza	JR	SAINT JOHN'S (...)	44.52m
6	Dylan Hageman	FR	BETHEL (MINN.)	41.22m
7	Mason Sundquist	SO	ST. SCHOLASTI...	45.62m
8	Tom Kuriscak	SR	SAINT JOHN'S (...)	44.43m
9	Jonathan Ritz	SO	BETHEL (MINN.)	46.78m
10	Davian Vu	FR	HAMLIN	47.08m

#### Flight 2

1	Blake Houska	JR	CONCORDIA M...	50.37m
2	Joshua Monreal	JR	ST. SCHOLASTI...	56.88m
3	Philip Conant	JR	BETHEL (MINN.)	49.88m
4	Ron White	JR	SAINT MARY'S ...	49.86m
5	Dillon Thurston	FR	HAMLIN	51.80m
6	Austin Mills	SR	MACALESTER	49.08m
7	Adam Hokanson	SR	BETHEL (MINN.)	57.12m
8	Timmy Ball	SO	BETHEL (MINN.)	50.91m
9	Carter Will	FR	GUSTAVUS AD...	50.33m
10	Trent Beseth	SR	ST. SCHOLASTI...	57.70m

### Women's Shot Put Collegiate Finals

🕒 Sat, May 9, 3:00 PM

🕒 MIAC	14.90m	Annika Poe, GUSTAVUS ADOLPHUS	2023
🕒 Venue	15.70m	Aubrey Schmitt, UNATTACHED	2000

#### Flight 1

1	Keira McCord	SO	GUSTAVUS AD...	11.89m
2	Ella Engen	SR	ST. SCHOLASTI...	11.77m
3	Jada Henrikson	FR	BETHEL (MINN.)	12.02m
4	Ellie Welch	SO	CONCORDIA M...	11.34m
5	Elise Harriman	JR	ST. OLAF	11.26m
6	Abby Lovelace	JR	CONCORDIA M...	11.31m
7	Gracie Hartl	SO	CONCORDIA M...	11.42m
8	Morgan Akason	FR	GUSTAVUS AD...	12.09m
9	McKinley Folland	FR	CONCORDIA M...	11.90m
10	Rachel Wehrman	SO	BETHEL (MINN.)	12.07m

#### Flight 2

1	Chloe Mueffelmann	SO	CONCORDIA M...	13.17m
2	Genevieve Dabout	FR	CONCORDIA M...	12.48m
3	Allison Banse	SO	SAINT BENEDICT	12.88m
4	Arabella Sutch	SO	GUSTAVUS AD...	13.03m
5	Yonna Harris	FR	GUSTAVUS AD...	12.39m
6	Nora Larsen	SR	BETHEL (MINN.)	13.76m
7	Miranda Travis	SR	CONCORDIA M...	12.34m
8	Logan Paulsen	SO	ST. OLAF	12.19m
9	Tessa Myatt	JR	MACALESTER	12.99m
10	Kaycee Endreson	FR	CONCORDIA M...	12.20m

# MIAC Outdoor Championship

📍 Saint Olaf College 📅 Thu, Apr 30 - Sat, May 9, 2026



## Meet Program

### Men's Triple Jump Collegiate Finals

🕒 Sat, May 9, 3:00 PM

© MIAC 14.81m Isaiah Watson, HAMLIN 2025

© Venue 14.63m David Bergstrom, CLASSIC LAKE 2000  
TC1

#### Flight 1

1	Taylor Young	FR	GUSTAVUS AD...	12.18m
2	Nathan Longfors	SO	CONCORDIA M...	12.98m
3	Garner Miyagawa	FR	MACALESTER	12.76m
4	Ben Wynia	JR	GUSTAVUS AD...	12.22m
5	Rufus Zulu	FR	HAMLIN	12.23m
7	Anthony Sletta	SO	SAINT JOHN'S (...)	12.76m
8	Lucas Lenz	FR	CARLETON	12.23m
9	Spencer Pearson	SR	GUSTAVUS AD...	12.76m
10	R.E Jamieson	FR	ST. OLAF	12.67m

#### Flight 2

1	Matthew Erickson	JR	ST. SCHOLASTI...	13.61m
2	Eli Hegland	SO	CONCORDIA M...	13.19m
3	Max Albertson	JR	ST. OLAF	13.02m
4	Rik Cumps	SO	ST. OLAF	13.21m
5	D'Vante McElroy	FR	AUGSBURG	13.62m
6	Liam Frommelt	SO	GUSTAVUS AD...	13.76m
7	Ataa Mensah	SO	MACALESTER	14.18m
8	Nick Bovitz	JR	BETHEL (MINN.)	13.60m
9	Isaiah Watson	SO	HAMLIN	15.00m
10	Vicente Bolivar	FR	AUGSBURG	13.06m